BBRIDGEPATH, INC.
James W. Pruett, Ph.D., D.Min.

200 Fernwood Drive, Room 201
Spartanburg, South Carolina 29307
980-399-5118

PROFESSIONAL DISCLOSURE STATEMENT

I am glad that you have selected me as your pastoral psychotherapist. In considering our professional relationship, I have designed this document to describe my background and my clinical approach.

I hold the Doctor of Ministry degree from the Southern Baptist Theological Seminary (1981) and the Doctor of Philosophy form Louisiana Baptist University (1997) with a specialization in pastoral therapy and supervision. I also have completed the Master of Theology (1969), Master of Religious Education (1970), and the Specialist in Education (1971) from the New Orleans Baptist Theological Seminary with majors in theology and pastoral counseling and psychotherapy and the Bachelor of Arts degree in psychology and religion from Carson-Newman College (now University, 1967).

Since 1967 I have been practicing pastoral counseling and psychotherapy. I am licensed by the state of North Carolina as a Licensed Clinical Mental Health Counselor Supervisor and a Licensed Marriage and Family Therapist (# 619). I also am a North Carolina Certified Fee-Based Practicing Pastoral Counselor (# 41). I also hold comparable licenses in South Carolina (SC LPC #14, LMFT #15, LPCS # 881, LMFTS #909) and Tennessee (LPC-MHSP #842, LMFT #258, and LCPT # 2). My professional certifications include:

- Diplomate, American Association of Pastoral Counselors (AAPC)
- Certified, Spiritually Integrated Psychotherapist and Faculty Member of the Spiritually Integrated Psychotherapy Program, Association for Clinical Pastoral Education (ACPE)
- Diplomate (Dual Supervisor) & Board Certified-Clinical Chaplain, and Pastoral Psychotherapist, College of Pastoral Supervision and Psychotherapy (CPSP)
- Clinical Professional and Approved Supervisor, American Association for Marriage and Family Therapy (AAMFT)
- Board-Certified-Certified Clinical Mental Health Counselor (BC-CCMHC) and Board Certified-National Certified Counselor BC-NCC), National Board for Certified Counselors (NBCC)
- Board Certified-TeleMental Health Provider (BC-TMH) and Approved Clinical Supervisor (ACS), Center for Credentialing and Education, Inc. (CCE)

I am a supervisor of therapists seeking multiple licenses and certifications as well as a supervisor of supervisors in training. I am experienced in providing depth psychotherapy for psychotherapists and their families as well as formation supervision for seasoned psychotherapists.

Counseling and Psychotherapy Services offered: Theoretical Approaches

As a pastoral counselor and psychotherapist, I am an ordained and endorsed minister of the Cooperative Baptist Fellowship. I bring specialized training, experiences, and interest in how psychology ("the study of the soul"), theology, spirituality, the sacred scriptures, and philosophy can facilitate personal and relational change. Respecting the uniqueness of each person and his/her faith journey, my

responsibility is to facilitate and empower your use of your thoughts, feelings, intuition, and behavior to achieve healing and wholeness in your life season. I use a bio-psycho-social-cultural-spiritual approach to respond sensitively and compassionately to you given the fullness of your history, story and its meaning.

Since there are no instant, painless or passive cures, nor "magic pills," you and I will work together with respect and mutuality. While some changes can be easy and rapid, most change is slow and deliberate and requires proactive commitment to one's formation. Reading, dream work, journaling, written and behavioral assignments, and sensitivity to one's selfhood and relationships may assist our work together.

My clinical perspective is an integration of Jungian, Bowenian, cognitive-behavioral, and experiential perspectives although I am informed by virtually all of the theories and approaches current in use. As such, my purpose is to encourage one's individuation through learning to differentiate and form in relationships. Using the measures such as the Myers-Briggs Type Indicator, signature strengths, and resiliencies, I work with persons to determine how temperament, learning style, communication style, and one's life situation – both conscious and unconscious – can be utilized to foster individuation and spirituality in bonded relationships.

During our first session I shall listen to your story and history to learn the specific initial therapy goals that are emerging. We shall evaluate and fine-tune these goals together as the process unfolds. At the beginning of any session each of us may evaluate how our process is developing and where goal revision is indicated. Closure is the most important part of therapy. A person is ready to stop when s/he is able to provide for oneself the container, self-confrontation, and self-support that can be developed through pastoral therapy. At all times we agree to have **at least one termination session** for closure and assess how you will move from this relationship. The actual length of termination may depend upon both the nature of your journey as well as the length of our work together.

Pastoral counseling and psychotherapy can be both a joyous and painful experience. Coming to know oneself more in-depth and in relationships can be awe inspiring; however, it also can be painful when one experiences sadness, guilt, anxiety, anger, frustration, and difficulty in facing the forbidden. Some changes may lead to what initially seems to be worsening circumstances or even losses. Not all relationships – even marriages – will remain intact. I pledge to support you with integrity until your work is complete.

I elect to work with persons whom I respect, who seem to be in process, who are committed to this process with me, and who seem to be able to benefit from who I am and what I have to offer. My work generally is more productive with mutual respect. In order to maintain privacy and the sanctity of our time together, I ask that **cell phones** and **beepers** be turned off before entering the session.

Confidentiality

For our relationship to be respectful, confidentiality is a must. **Neither** of us is to discuss the content of our work together outside sessions in order to keep the energy in the therapeutic container. State law and the ethical principles of my professional organizations mandate confidentiality except under these two circumstances: (1) when I believe you intend to harm yourself or another person, or (2) when I believe a child or elderly person has been or could be abused or neglected. In rare circumstances, pastoral counselors and psychotherapists can be ordered by a judge to release information. Otherwise, I will not disclose anything about your therapy process, diagnosis, history or even acknowledge our professional relationship to anyone without your full knowledge **and** a signed Authorization of Release Form. Such a form must be signed even to release information to your insurance carrier.

Explanation of Dual Relationships

Ethical and legal standards mandate that even though our relationship might be very intimate psychologically, it must remain professional rather than social. You will be best served if our relationship remains strictly professional and if our sessions concentrate exclusively on your concerns. Since ours is a professional relationship, I may not be invited to social gatherings, receive gifts, or relate to you in any way other than in the professional context of your sessions.

Length of Sessions

I assure you that my services will be rendered in a professional manner consistent with accepted ethical standards and the policies and procedures of Bridgepath Inc. Sessions will last forty-five (45) minutes and are scheduled by mutual agreement. Often persons respond favorably if they project a standing appointment time. These arrangements assist them in preparing to attend sessions that are reserved just for them. **A twenty-four (24) hour notice (by Friday at 12:00 noon for Monday appointments) is required for cancellations unless there is a sickness or an emergency. Payment for missed sessions without these exceptions is required.** This policy permits persons with emergency situations to be seen responsibly and helps to under gird the financial solvency of Bridgepath Inc. Every effort is made to start and stop sessions on time. Each of us has the responsibility of being prompt. Many chose to arrive early for sessions in order to prepare themselves for our time together: to be fully present.

Fee and Methods of Payment

The fee for the initial evaluation is $160. Thereafter, the fee for pastoral counseling and psychotherapy is $150 per session. Payments may be made by personal check made to "Bridgepath, Inc.," credit card (VISA or MasterCard), or in exact cash at the beginning of the appointment. Bridgepath policy is to keep your confidential credit card information on file and use it to secure your account for any unpaid balances owed by you. Our office will provide you with a super bill for your records or for you to submit to your insurance carrier in the case of out of network benefits.

Some insurance companies reimburse persons for pastoral counseling and psychotherapy services with me. Others will not. Those who do reimburse usually require that a standard amount be paid by you before reimbursement is allowed, and then frequently only a percentage of my fee is reimbursable. Bridgepath Inc. asks that you contact your insurance company representative ***before*** therapy begins to determine whether your insurance company will reimburse you and, if so, about what the schedule of reimbursement will be. Bridgepath Inc. requires you to declare at the **FIRST** session if you wish to use your health insurance. The Center will not file in network insurance if such decision is made at a later time. ***Please remember that you and not your insurance company are responsible for paying in full the fees agreed upon.***

Health insurance companies require that I diagnose a person's mental health and determine that the insured has an "illness" before they will reimburse. Should a diagnosis apply in your situation, I shall inform you as to the meaning of your diagnosis. Any diagnosis submitted to your insurance carrier will become a part of your permanent insurance records. You must decide whether or not to use insurance under these circumstances. Please note that insurance carriers typically do not pay for couple or family therapy where *only* a relational code applies. They do not insure marriages.

There are distinct advantages to out of pocket psychotherapy. First, aside from the legal limits of reporting, the scope of care is private and confidential without any exchange of clinical information to an insurance carrier. Second, there is no responsibility to report a diagnosis to an insurance carrier that may

effect life insurance or short and long term disability coverage. Third, you and the psychotherapist together are freer to select the best practice path for you including the focus of care, its duration, and both the frequency and length of sessions.

Phone calls may need to occur as a part of our process together even though the context and energy for our work will be during our sessions. There will be no charge for the first ten minutes; however, the rate afterwards will be $2.00 per minute. We shall not communicate through texts and email messages in order to protect privacy and to promote the clearest and most direct communication. If you leave me a voicemail, please be brief and share both times and numbers when you can be reached and check to be sure that your voicemail box is set up and not filled.

Complaint Procedures

If you have difficulty with any aspect of our work, please inform me *immediately* so that we can discuss how we might work more effectively and efficiently. This discussion is an important aspect of our continuous evaluation of our process together. Should you feel treated unfairly or unethically by me or another therapist, you may make a formal complaint to the following licensure and certification boards:

- North Carolina Board of Licensed Clinical Mental Health Counselors (NCBLCMHC)
  P.O. Box 77819
  Greensboro, North Carolina 274403
  844-662-3572

- North Carolina Board
  P.O. Box 10912
  Raleigh, North Carolina 27605
  919-654-6914

- North Carolina Board of Examiners of Fee-Based Practicing Pastoral Counselors
  P.O. Box 447
  Kernersville, North Carolina 27285-9447
  336-794-3470

- Board of Counselors, Marriage and Family Therapists, Addiction Counselors and Psycho-Educational Specialists
  110 Centerview Drive
  Columbia. South Carolina 29210
  803-896-4658

T

- Tennessee Board of Licensed Professional Counselors, Licensed Family Therapists, Licensed Marital and Family Therapists, Licensed Certified Pastoral Therapists
  710 James Robertson Parkway
  Nashville, Tennessee 37243
  615-532-5088

By signing this Professional Disclosure Statement, I signify that I have read, understand, have had the opportunity to ask questions and (1) agree to the conditions outlined herein as well as to those specified in the Bridgepath HIPPA compliance statement a copy of which I may receive, and (2) hereby authorize Bridgepath, Inc. to bill my credit card on file for any unpaid balance owed by me.

For Client Signature *Only*:

_____	_____
Pastoral Psychotherapist's Signature	Client's Signature
_____	_____
Pastoral Psychotherapist's Printed Name.	Client's Printed Name
_____	_____
	_____
	Client's Signature
	_____
	Client's Printed Name
_____	_____
Date	Date

……..……

Addendum to Professional Disclosure Statement: for Supervisees ONLY

Nature of Supervision

My theory of clinical supervision is integrative through its bio-psycho-social-cultural-spiritual underpinnings. As a clinical supervisor I serve as an educator, facilitator, coach, advocate, ethicist, quality assurance specialist to help protect the public, and process clarifier for the next generation of professional counselors/psychotherapists who seek to become more fully who they are. We focus together on formation, use of self with integrity and learning how to earn an income.

I have the utmost responsibility for the supervisee's best practice care of the public but also am vitally in tune with the supervisee in counseling/psychotherapy and the supervisee in supervision of supervision being able to make the best use of self in the clinical moment and speak to how her/his practice is grounded into their body of knowledge as well as articulated in the person's theory of counseling/psychotherapy and/or supervision. In either context I know and teach various theories and practices but support the supervisee's formation in one's own clinical approach with congruity and integrity. While my own approach may be characterized a person-centered, Jungian, psychodynamic, narrative, and systemic, I work with supervisees to identify both their "inner counselor/psychotherapist" and "inner supervisor" to form to the point of an intentional use of self, self-supervision, and the wisdom

to know when and how to use consultation. We utilize the supervisee's learning style, signature strengths and resiliency to understand the parallelism in the lives of the persons they serve. Supervisees are encouraged to care for clients served using these perspectives in diagnosis and treatment and in the management of transference/countertransference (psychotherapist's transference) so that no one feels treated like a diagnosis or where techniques supersede relationships. Supervisees and I listen carefully to the contextualization of the clinical arena and its associated isomorphism.

I have developed templates to help the supervisee present a case history, process notes, verbatim excerpts and video tapes with finely tuned learning questions and precedent questions pertinent to their overall caseload and self-perception of one's formation. Assigned reading in the classics of the psychotherapeutic literature is used to help supervisees deepen their perspective on their work. The evaluative nature of supervision is outlined in the above supervisory components and is congruent with the licensure(s) and cognate group credentials that supervisee seeks. If multiple credentials are sought, then the highest clinical and ethical standards are required and articulated in the supervisory learning contract. According to NC Administrative Code, each supervision session must include "raw data from clinical work which is made available to the supervisor through such means as direct (live) observation, co-therapy, audio and video recordings, and live supervision" (21 NCAC 53 .0208). This standard is a minimum in every supervisory session. I give supervisees a copy of my published theory of clinical supervision that articulates my supervisory perspective and how I supervise and evaluate professional formation and clinical work. This theory also is located www.bridgepath.org.

Confidentiality

The issues you discuss in supervision will be confidential with the following exceptions:

• Your performance and conduct in this clinical experience will be described in general terms when I submit quarterly reports and verification of supervision forms to your licensing or credential board and other credentialing bodies or when consulting with another professional is necessary.

• If I am asked to provide information about your clinical experience in the form of a recommendation for a job, licensure, or certification.

• Disclosures made in triadic or group supervision cannot be absolutely guaranteed as confidential.

I will take every measure to encourage confidentiality and act appropriately if confidentiality is not upheld.

Supervisee's Responsibilities in Supervision

1. Prepare for and attend all sessions. Supervisees are to email confidential, encrypted supervision templates to the supervisor and if it is either triadic or group supervision to one's peers by 8:00 PM the night before clinical supervision.

2. Complete homework or assignments.

3. Watch videotapes of counseling sessions and complete the video critique as noted under 1.

4. Keep supervisor informed regarding all client issues and progress with the precedent template.

5. Maintain liability insurance at all times (minimum $1M single incident/ $3M aggregate) providing the supervisor ongoing with a copy of the face sheet to assure one's current coverage.

6. Complete supervision record at each supervision session.

Supervisor's Responsibilities in Supervision

1. Prepare for and attend all sessions

2. Provide feedback each session and a formal evaluation at each quarter and at the end of the supervision contract

3. Review client case notes and other materials for quality control purposes.

4. Complete supervision record at each supervision session.

5. Maintain state licensure and cognate credentials as a clinical supervisor for each state and each cognate group for which I supervise.

Session Fees and Length of Service

Supervision fees are $110.00 per hour for individual supervision. Triadic supervision must be for a minimum of two hours with each person presenting. The total cost for triadic supervision is $220.00 divided equally by the two participants and calculates to $110.00 per person. These sessions also have the 24-hour cancellation policy noted above. In triadic supervision each person must pay so that the person who attends is not penalized by the other person's absence. Group supervision lasts a minimum of three hours ($330.00) and so the hourly rate of $110.00 is multiplied time the length of the group divided by the number of participants. If a supervisee does not keep the group supervision session s/he still must pay one's pro rata fee so others are not encumbered. My experience has taught me that group supervision generally should be limited to six participants in order to have adequate presentation time with video tapes, airtime for each participant and to keep up with the allied issues or cases that previously have been presented as well as issues related to emergency and ethical issues.

Methods of payment that are accepted for psychotherapy or supervision are cash, check, HSA card, and credit card (VISA and MasterCard for which there is an extra $2.00 charge) and a receipt will be given for your record. Bridgepath policy is that each person must keep a current credit card on file with the office to secure one's account against any unpaid balance.

The length of the service is dependent upon the nature of the supervisory contract. Licensure boards typically require that supervisees remain active in supervision until the applicant has received official word from that board that that have been granted a particular licensure number.

Emergencies

If a supervisee needs emergency supervision, s/he is to call 704-577-5862. The first 10 minutes is free and thereafter the fee is $2.00 per minute. Should another supervisor be covering for me the same policy is in effect and that person's name will be on my voicemail along with their contact number. That person would be reimbursed by Bridgepath using your credit card on file.

I have read, understand the above Professional Disclosure Statement, have had the opportunity to ask questions about it and agree to the content of it including the billing of my credit card on file for supervisory services.

_____	_____	_____
Supervisee's Signature	Supervisee's Printed Name	Date

_____	_____	_____
Supervisor's Signature	Supervisor's Printed Name.	Date